

JOCELYN T. GRAHAM, MS, RD, LDN

JOCELYN@NUTRITION-SYNERGY.COM • 978.561.6363

EDUCATION

TUFTS UNIVERSITY FRIEDMAN SCHOOL OF NUTRITION AND SCIENCE POLICY	BOSTON, MA
M.S. in Nutrition & Dietetic Internship Combined Program	SEPT 2015 – MAY 2017
SIMMONS COLLEGE	BOSTON, MA
Didactic Program in Dietetics, Certificate in Sports Nutrition	JAN 2012 – MAY 2015
THE UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL	CHAPEL HILL, NC
B.A. in Exercise and Sport Science, Minor in Spanish for Medical Professions	AUG 2005 – MAY 2009

PROFESSIONAL EXPERIENCE

OUTPATIENT DIETITIAN, NORTH SHORE PHYSICIANS GROUP, MASS GENERAL BRIGHAM	OCT 2017-PRESENT
<ul style="list-style-type: none">Outpatient dietitian at Family Medicine practice north of Boston. Performs medical nutrition therapy for patients with diabetes, obesity, hyperlipidemia, hypertension, eating disorders, gastrointestinal issues, renal disease, etc. Motivates patients to change behaviors through individual counseling and nutrition education.	
OWNER, NUTRITION SYNERGY LLC, PRIVATE NUTRITION PRACTICE	OCT 2018-PRESENT
<ul style="list-style-type: none">Owner of private nutrition practice in Peabody, MA. Provides individual and group counseling for sports nutrition, weight management, gastrointestinal issues, disordered eating, or any nutrition related diagnosis.	
HYDRATION CONSULTANT, GATORADE SPORT SCIENCE INSTITUTE (GSSI)	JUNE 2017-MARCH 2020
<ul style="list-style-type: none">Consultant for Gatorade Sweat Testing. Team lead performing hydration testing in the field for Gatorade sponsored collegiate and professional athletes. Responsible for coordinating visits, and performing and analyzing hydration tests to provide fluid, carbohydrate, and sodium recommendations to improve performance during competition based on current GSSI research and contribute to ongoing research projects.	
HEAD GIRLS LACROSSE COACH, THE PINGREE SCHOOL	JAN 2018-PRESENT
<ul style="list-style-type: none">Responsible for training athletes in spring season on the technical, tactical, physical and mental skills of lacrosse to foster individual and team improvement. Eastern Independent League champions 2018, 2019.	
FRANCES STERN NUTRITION CENTER / TUFTS MEDICAL CENTER, DIETETIC INTERN	SEPT 2015 – MAY 2017
<ul style="list-style-type: none">Matched into the intensive, clinical 20-month combined Master of Science / Dietetic Internship Program with 1,100 hours of training at the Frances Stern Nutrition Center at Tufts Medical Center and Tufts University.	
BOSTON CHILDREN'S HOSPITAL, PLASTIC AND ORAL SURGERY DEPARTMENT	NOV 2009 - AUG 2015
<ul style="list-style-type: none">Ambulatory Services Representative, promoted to Senior Administrative Associate for Professor of Surgery at Harvard Medical School, Director of Craniofacial Centre and Co-director of Vascular Anomalies Center.Created treatment plans, streamlined operating room scheduled and coordinated care for infants and children with complex medical needs including cleft lip/palate, craniofacial syndromes, and vascular anomalies.	

LEADERSHIP AND VOLUNTEER EXPERIENCE

LIFESTYLE MEDICINE TEAM LEADER	JAN 2020-MAY 2020
<ul style="list-style-type: none">Co-leader of 8 week low-carbohydrate behavior change course focused on lifestyle interventions to achieve weight loss and improved health. Collaborated with sports medicine physician to create bi-weekly nutrition and exercise curriculum to support group members develop new habits in the quest for better health.	
BOARD MEMBER AND HEAD COACH, LAXACHUSETTS GIRLS LACROSSE	JUNE 2013-PRESENT
<ul style="list-style-type: none">Part-time coach for elite lacrosse players ranging from 8-18 years old. Responsible for athletic development including technical, tactical, physical and mental skills through weekly practices and seasonal tournaments.	
BOARD MEMBER, MASSACHUSETTS ACADEMY OF NUTRITION & DIETETICS	JUNE 2017-JULY 2018
<ul style="list-style-type: none">State professional recruitment coordinator and diversity liaison responsible for engaging the community in nutrition, hosting events for prospective students, and promoting diversity in the field of dietetics.	
FRANCES STERN DIETETIC INTERNSHIP SELECTION COMMITTEE, TUFTS UNIVERSITY	FEB 2017-APRIL 2017
<ul style="list-style-type: none">Student committee representative tasked to review applications and collaborate with current Tufts faculty to rank the class of 2019 for the combined Masters / Internship program at Frances Stern Nutrition Center.	
SPORTS NUTRITION INTERN, UNIVERSITY OF GEORGIA	AUG 2015
<ul style="list-style-type: none">Summer intern with Sports Dietitian, Jen Ketterly, MS, RD, FACS and sports nutrition staff. Created training table and menu cycles, coordinated fueling stations in locker rooms, performed field hydration testing.	
SEMESTER INTERN, NANCY CLARK SPORTS NUTRITION	JAN 2015-MAY 2015
<ul style="list-style-type: none">Semester intern for Nancy Clark, MS, RD, FACS. Created sports food educational series featuring 10 topics for the Boston Red Sox, observed weekly sports nutrition counseling, attended sports expos and events.	
SPORTS NUTRITION INTERN, STUDENT-ATHLETE COOKBOOK, UNC CHAPEL HILL	JAN 2007-MAY 2009
<ul style="list-style-type: none">Modified and created original nutrient dense recipes designed for the unique nutritional needs of college athletes. Wrote the foreword and compiled nutrition information into Performance Food Cookbook.	

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PROFESSIONAL AFFILIATIONS & ACTIVE CERTIFICATIONS

Licensed Dietitian Nutritionist (LDN), State of New Hampshire	SINCE AUGUST 2020
Nutrition Entrepreneurs (NE), Member	SINCE JUNE 2019
Massachusetts Academy of Nutrition and Dietetics, Board Member	JUNE 2017-2018
Diabetes Care & Education (DCE), Member	JUNE 2018-JUNE 2020
Licensed Dietitian Nutritionist (LDN), State of Massachusetts	SINCE AUG 2017
Registered Dietitian (RD), Commission on Dietetics Registration	SINCE JUNE 2017
CITI Human Subjects Training	FEB 2016-SEPT 2020
American Heart Association (AHA) - Heartsaver CPR & AED Certification	SINCE SEPTEMBER 2014
Collegiate and Professional Sports Dietitians Association (CPSDA), Member	SINCE SEPTEMBER 2014
Sports, Cardiovascular and Wellness Nutrition (SCAN), Member	SINCE AUGUST 2014
ServSafe Foodhandling & Allergy Certification, National Restaurant Association	SINCE NOVEMBER 2012
Hazard Analysis and Critical Control Point (HACCP) Certification, NSF International	SINCE NOVEMBER 2012
Academy of Nutrition and Dietetics (AND), Member	SINCE JUNE 2012

PROFESSIONAL REFERENCES AVAILABLE UPON REQUEST
