

Nutrition Synergy, LLC

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Private Pay

No referral needed!

2024 Private Pay Rates

- New Client Visit
 - \$185/60 min visit
- Follow Up Visit
 - \$85 / 30 min visit
- Visits are discounted when purchased in a bundle!
- Specials and Packages are offered and updated regularly

A “superbill” can be provided to the client after the visit. This is a detailed, itemized receipt that you can submit to your insurance company for possible reimbursement. This is not offered for group visits.



Insurance Coverage

Nutrition Synergy is excited to announce we now take 3 insurance payors in our practice!

- Blue Cross Blue Shield
- MGB Health Plan
- Harvard Pilgrim Health Care

A referral from your primary care doctor is required. Please call your insurance carrier and check to see if “medical nutrition therapy” is covered under your plan. You will need the following;

- Provider name - Jocelyn Graham, MS, RD, LDN
- Location - Virtual Visit (PO Box 161, Topsfield, MA 01983)
- NPI number - 1134702905
- Reason for the visit - Diagnosis (from your PCP)

Please call your insurance company and ask the following;

- Is “medical nutrition therapy” a covered benefit with my plan?
- Is medical nutrition therapy with my diagnosis?
- Are virtual visits allowed on my plan?
- How many visits are allowed per year?
- When does the calendar year begin/end?
- What is my co-pay for the visit?
- Am I responsible for any other fees or deductibles?
- What is the reference number for the call and name of rep?

If your insurance carrier will not cover the visit;

- I can provide a “superbill” after the visit. This is a detailed, itemized receipt that can be submitted to your insurance company for possible reimbursement.
- Payment up front is requested

Logistics for your visit;

- You will need to be located in Massachusetts or New Hampshire at the time of the visit to bill through insurance.